



Marden Vale CE Primary Academy

'With God, all things are possible'

Matthew 19:26

RE Progression – Hinduism

Concepts: Dharma, Karma, Moksha

Dharma: is simply translated as 'duty' or 'righteousness'; it is about behaving in accordance with your essential nature.

Karma: literally means 'action', but implies both an action and its consequences. Hindus believe that whatever people do produces a result which cannot be avoided. This is the 'Law of Karma', or cause and effect; each action has a reaction,

Moksha: the liberation or freedom from the cycle of birth-death-rebirth (samsara). Hindus believe in different pathways to become united with God.

EYFS	Y1	Y2	Y3	Y4	Y5	Y6
			<p>I can talk about how Hindus use the game 'Snakes and Ladders' to teach children about good and bad karma.</p> <p>I can reflect on who us responsible for our actions.</p>	<p>I can identify what duty is recalled by Hindus at Raksha Bandhan.</p> <p>I can explain what dharma means for Hindus.</p> <p>I can suggest why Rama, Sita, Lakshman and</p>	<p>I can explain that Moksha is the liberation or freedom from the cycle of birth-death- rebirth (samsara).</p> <p>I can reflect on how many different pathways there are to achieve one goal.</p>	



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			<p>I can reflect on why karma is important to Hindus.</p> <p>I know that Hindus believe in reincarnation i.e. when they die, their soul lives on and moves into a new body on numerous occasions.</p> <p>I know that this cycle of birth and death is called Samsara.</p> <p>I can reflect and discuss this belief.</p> <p>I can explain what moksha is.</p> <p>I can explain how Hindu parents</p>	<p>Hanuman inspire all Hindus.</p> <p>I can recall the story of Rama and Sita and suggest how it inspires Hindus to follow their dharma.</p> <p>I can explain why Hindus are encouraged to 'Be as Rama' or 'as Sita'.</p> <p>I can talk about some important rituals that take place at a Hindu wedding.</p> <p>I can talk about the duties or dharma of a Hindu marriage.</p> <p>I can make links to the duties</p>	<p>I understand that in Hinduism all life is a journey towards one goal: MOKSHA which is a reunion with God.</p> <p>I can explain the importance of the story of The Bhagavad Gita; a key Hindu text in which Krishna (an avatar of Vishnu) has a dialogue with Prince Arjuna, who is facing a big battle.</p> <p>I can reflect on Arjuna's dilemma.</p> <p>I can discuss that life is like a battle sometimes and</p>	
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			<p>help their children learn about good actions (karma) and why do they think this is important.</p> <p>I can explore selfless kindness.</p> <p>I can explain that Sewa Day or 'Service' day was started by Hindus who wanted to make a difference in the world. I can explain what happens at the Upanayana(m) Ceremony.</p>	<p>people have in different religions or at different ages.</p> <p>I can suggest duties that myself and my family have towards each other.</p>	<p>give my opinion on this.</p> <p>I can explain the advice that Krishna gave Arjuna and explain what he decided to do.</p> <p>I can explain how Hindus use Krishna's teaching in the Bhagavad Gita to help them in life.</p> <p>I understand that there are different pathways to moksha and that they would suit different people.</p> <p>I can explain each pathway is known as yoga.</p>	
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					<p>I can reflect on my own pathway if I were a Hindu.</p> <p>I can explain the bhakti yoga as a pathway to moksha.</p> <p>I can discuss and reflect on which spiritual pathway is practised most in the Hindu community.</p> <p>I can explain how Hindus show devotion to a deity.</p> <p>I can explain how Hindu children get ready to celebrate and show their</p>	
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					devotion to Krishna	
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