



Grittleton Adventures



Aims

- Accomplished a sense of personal achievement
- Built new friendships
- Enhanced their personal and social development
- Increased self confidence
- Learnt new skills and experiences
- Made memories to last a lifetime
- Superior safety awareness
- Team building
- HAD FUN!!



Safety and Security

The safety of children on site is paramount importance. We ensure that:

- All accommodation buildings are locked at night with external access via key or keycode lock only
- Risk Assessments in place for all activities, operational areas, operating procedures and the equipment used is safety checked and risk assessed as part of our safety management policy
- National Governing Body Qualification, for example Archery GB.
- Site Security & Supervision: with our Duty Manager on patrol until 10pm each day and on call 24 hours
- Fire Drills: groups are shown the procedure on arrival
- First Aid procedures are in place



Our Accommodation

The accommodation at Grittleton is split between 2 areas of the centre, The Manor House, and The Old Stable.

The Manor House

- Dormitories Sleeping between 4-10 children
- Teacher bedrooms adjacent to children's
- Capacity for a maximum of 3 schools



The Stable Block,

- Converted Victorian Stables
- 2 separate accommodation blocks
 - Clock Tower
 - Stable Block
- Accommodation over for up to 90 children
- Includes ground floor rooms and a mobility access room





Food and Meal Times

The restaurant at Grittleton House is located on the ground floor of The Clock Tower at the Old Stables and has a capacity for approx. 100 children per sitting.

We aim to offer

- Heathy well balanced familiar meals
- Vegetarian options at each meal
- Salad bar available for lunch and dinner
- Locally sourced ingredients (where possible)



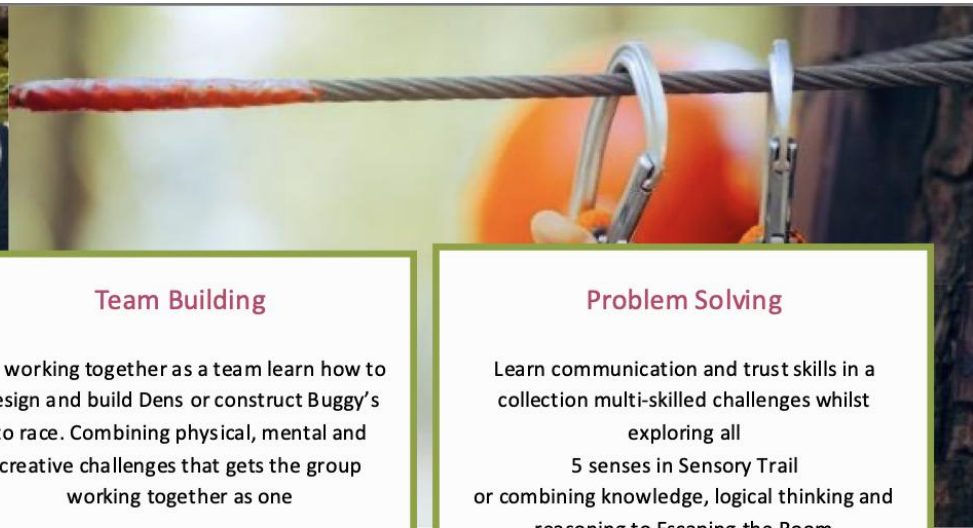
Any special dietary requirements/allergies/intolerances can all be catered for and we liaise with school who will notify us prior to the trip of all needs





Example Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST			
	Choice of Cereals Brown and White Toast with Jam or Bacon Fresh Fruit Yoghurts Tea, Coffee, Water & Orange Juice	Choice of Cereals Brown and White Toast with Jam or Baked Beans Fresh Fruit Yoghurts Tea, Coffee, Water & Orange Juice	Choice of Cereals Brown and White Toast with Jam or Bacon Fresh Fruit Yoghurts Tea, Coffee, Water & Orange Juice	Choice of Cereals Brown and White Toast with Jam or Baked Beans Fresh Fruit Yoghurts Tea, Coffee, Water & Orange Juice
	LUNCH			
	Soup of the Day with Bread Rolls with Ham or Cheese Salad Bar with Potato Salad Fresh fruit	Hot Dogs with fried onions Salad Bar with Pasta Fresh fruit	Jacket Potatoes with choice of fillings Salad Bar with Pasta Fresh fruit	Freshly prepared packed lunch Sandwich with choice of filling: Ham, Cheese, Jam Chocolate bar Crisps
DINNER				
Option 1 Chicken Nuggets Chips & Veg Option 2 Vegan Nuggets Chips & Veg Salad Bar Apple Crumble & Cream	Option 1 Spaghetti Bolognese Option 2 Macaroni Cheese Garlic Bread and Salad Bar Brownies	Option 1 Stew, Baby Potatos and Veg Option 2 Tomato Pasta Salad Bar Ice Lollies	Option 1 Fish Fingers Chips and Veg Option 2 Veggie Burger and Chips Salad Bar Flapjacks	



Our Activities

The key to any successful activity trip is for the children to experience a wide range of activities that are exciting, challenging and above all FUN!!

We provide a host of engaging activities for you to choose to ensure you can achieve the learning outcomes you require for your group.

Our activity staff fully entertain the children from 8am – 10pm

Team Building

By working together as a team learn how to design and build Dens or construct Buggy's to race. Combining physical, mental and creative challenges that gets the group working together as one

Problem Solving

Learn communication and trust skills in a collection multi-skilled challenges whilst exploring all 5 senses in Sensory Trail or combining knowledge, logical thinking and reasoning to Escaping the Room

Physical Challenge

From climbing crates to having fun in Zorbs or bouncing in Aeroball, our physical activities will ensure even the most energetic find the challenges they need

Skill Learning

Develop dexterity, control and precision with Archery. Learn new skills on our skateboards and scooters or survival and fire lighting skills in our Bushcraft Sessions



Please note: ALL CHILDREN WILL NEED A PACKED LUNCH FOR THE FIRST DAY.

Monday	Travel to Centre	11.30-2pm		2pm-3.15pm	3.45pm-5pm	Dinner	7pm-8:30pm	
Group 1		Arrival and Welcome to Grittleton Adventures Followed by Centre Orientation, Packed Lunch and Welcome Games			Crystal Maze		Settle into Accommodation	Big Game Show
Group 2					Archery			
Tuesday	Breakfast	9.15am-10.30am	11am-12.15pm	Lunch	2pm-3.15pm	3.45pm-5pm	7pm-8:30pm	
Group 1		Scooters & Skateboards	Mission X		Jacob's Ladder	Body Zorbing	Celebration Night	
Group 2		Mission X	Scooters & Skateboards		Body Zorbing	Jacob's Ladder		
Wednesday		9am-10am	10am-11.15am	11.30am-12.30pm				
Group 1		Pack and exit Accommodation	Archery	Lunch - Say Goodbyes and depart Centre				
Group 2	Crystal Maze							

* Activities and Timings can be subject to change when at centre



Grittleton Adventures 2026 Kit List

Please find below the kit list for your children to bring on their residential trip with Grittleton Adventures:

- Nightwear
- Single Duvet Cover and Pillowcase (duvet and pillow provided)
- Slippers – Please Ensure Slippers are Included
- Toiletries bag and contents
(Including but not exclusive to - Tooth Brush & Paste, flannel, Shower Gel/Shampoo, hairbrush)
- Towel (to be used in accommodation for Showering/Washing)
- Old sweatshirts or fleeces
- T-shirts – recommended 6 for a 4-Night trip and 4 for a 2-night trip
- Shorts (knee-length)
- Strong, loose-fitting trousers/tracksuit bottoms – Recommended at least 4 pairs of for 4-Night trips, 3 pairs for 2-night trips
- Underwear – 6 for 4-nights trips 4 for 2-night trips
- At least 6 pairs of socks for a 4-night trip and 4 pairs for a 2-night trip
- 2 pairs of trainers - non-designer recommended
- 1 pair of very old trainers for wet/muddy activities
- Waterproof coat (and waterproof trousers if possible)
- Small rucksack
- Named bin liners (not black) for bringing any damp or wet clothes/towels home (black bin liners can be mistaken for rubbish bags!)
- Plenty of appropriate factor sun cream
- A sunhat
- Packed lunch for arrival day
- Any medication required including spare asthma inhalers
- Refillable drinking water bottle

This is our standard recommended kit list, however dependent on the time of year you are visiting us or if we are experiencing unseasonably warm/cold weather conditions it may be necessary for you to amend some of the garment quantities listed above accordingly.

YOU DO NOT NEED TO
BUY ANYTHING – OLD
CLOTHES ARE BEST!

Children can bring a maximum of £10 spending money (but this is not essential).

Children will not be able to bring any electronics (e.g. mobile phones). Please leave ALL valuables at home.

Children can bring a book or small game if they wish. They will be responsible for looking after these items.

Medications

- Handed in by an adult
- Original box
- Named and labelled – sandwich bag
- If you have already filled in the dosage/times etc. we don't need this again. If you have not, we will need you to fill this in when you hand it in.

Travel

- Travel will be provided by Barnes Coaches
- The coach will depart school on Monday 23rd March at 10.30am (children should be in for morning registration at 8.40am)
- The coach will depart Grittleton House on Wednesday 25th March at 11.30am (usual end of school arrangements will apply)

Lunch

- Please provide your child with a packed lunch on Monday 23rd March



Any Questions?

Please contact the class teacher or Mrs Dade
in the school office.



**We look forward to
welcoming you soon!**

