



**A COMPLETE PHONICS RESOURCE
TO SUPPORT CHILDREN**

Rapid Catch-up progression and overview

Programme progression

The aim of the Rapid Catch-up programme is to rapidly teach children to read. Below is an overview of the GPCs and tricky words covered in each phase of the programme.

Phase 2

Length of teaching: four weeks		
New GPCs covered	Week 1	s a t p i n m d
	Week 2	g o c k c k e u r h
	Week 3	b l l f f f s s j v w y x z z z
	Week 4	qu ch sh th ng nk
Tricky words taught	and is I the as put* pull* full* her his has no go to into we me be he of she push* *depending on accent	

Phase 3

Length of teaching: four weeks		
New GPCs covered	Week 1	ai ee igh oa oo ar
	Week 2	oo or ur ow oi ear
	Week 3	air er double letters
	Week 4	longer words and suffixes -ing and -es
Tricky words taught	was you they my by all are pure sure	

Phase 4

Length of teaching: four weeks		
Word types covered	Week 1	Adjacent consonants with short vowels
	Week 2	Adjacent consonants with long vowels
	Week 3	Suffixes: -ed /t/, -ed /id/, -ed /d/, -ing, -er, -est
	Week 4	Two-syllable words with adjacent consonants Compound words and multi-syllable words with adjacent consonants
Tricky words taught	said so have like some come love do were here little says there when what one out today	

Phase 5

Length of teaching: 14 weeks

New GPCs covered	Week 1	/ai/ ay play /ow/ ou cloud /oi/ oy toy	/ee/ ea each /ur/ ir bird /oo/ ue blue /yoo/ ue rescue
	Week 2	/yoo/ u unicorn /igh/ ie pie /igh/ i tiger	/oa/ o go /ai/ a paper /ee/ e he
	Week 3	/oa/ o-e home /ai/ a-e shake /ee/ e-e these	/igh/i-e time /oo/ /yoo/ u-e rude cute /oo/ /yoo/ ew chew new
	Week 4	/or/ aw claw /ee/ ie shield /ee/ y funny	/e/ ea head /w/ wh wheel /igh/ y fly
	Week 5	/oa/ oe toe /oa/ ou shoulder /oa/ ow snow	/j/ g giant /f/ ph phone /s/ c ice
	Week 6	/l/ le apple /l/ al metal /v/ ve give	/u/ o-e some /u/ o mother /u/ ou young
	Week 7	/z/ se cheese /s/ se mouse /s/ ce fence	/ee/ ey donkey /oo/ ui fruit /oo/ ou soup
	Week 8	/ur/ or word /oo/ u awful /oo/ oul could	/air/ are share /air/ ear bear /air/ ere there
	Week 9	/or/ au author /or/ aur dinosaur /or/ oor floor	/or/ al walk /or/ a water /ch/ tch match /ch/ ture adventure
	Week 10	/ar/ al half /ar/ a father* /o/ a want	/ur/ ear learn /r/ wr wrist /z/ ze freeze
	Week 11	/s/ st whistle /s/ sc science /c/ ch school /sh/ ch chef	schwa in longer words schwa at the end of words (-or, -our, -re, -a)
	Week 12	/ai/ eigh eight /ai/ aigh straight /ai/ ey grey /ai/ ea break	/n/ kn knee /n/ gn gnaw /m/ mb thumb
	Week 13	/ear/ ere here /ear/ eer deer /zh/ su treasure /zh/ si vision	/j/ dge bridge /j/ ge large /i/ y crystal
	Week 14	/sh/ ti potion /sh/ ssi mission /sh/ si mansion /sh/ ci delicious	/or/ augh daughter /or/ our your /or/ oar roar /or/ ore more
Tricky words taught	their people oh your Mr Mrs Ms ask could would should our house mouse water want again any many where who whole two school call different thought through friend work once laugh because eye busy beautiful pretty hour parents shoe move improve		

*depending on accent

Example Phase 4 words

Adjacent consonant and short vowel sounds

CVCC

must wind best hand
lunch gift nest help

CCVC

bring crack frog drink
drum truck swim spend

CCVCC

twist grand stamp crisp

CCVC

split splash spring strong

CCVCC

strand scrunch sprint strict

Adjacent consonant and long vowel sounds

CVCC

joint toast paint burnt
boost

CCVC

brown sport bright green
broom crown train greed

CCV

clear stair tree star three

CCVCC

spoilt

CCVC

sprain street screens

Phase 5 linked graphemes in order

Week 1

Phase 3 GPC	Phase 5 GPC
ai	ay play
ow	ou cloud
oi	oy toy
ee	ea each
ur er	ir bird
oo yoo	ue blue rescue

Week 2

Phase 3 GPC	Phase 5 GPC	
oo yoo	ue blue rescue	u unicorn
igh	ie pie	i tiger
oa	o go	
ai	ay play	a paper
ee	ea each	e he

Week 3

Phase 3 GPC	Phase 5 GPC			
oa	o go	o-e home		
ai	ay play	a paper	a-e shake	
ee	ea each	e he	e-e these	
igh	ie pie	i tiger	i-e time	
oo yoo	ue blue rescue	u unicorn	u-e rude cute	ew chew new

Week 4

Phase 3 GPC	Phase 5 GPC				
or	aw claw				
ee	ea each	e he	e-e these	ie shield	y funny
e	ea head				
w	wh wheel				
igh	ie pie	i tiger	i-e time	y fly	

Week 5

Phase 3 GPC	Phase 5 GPC				
oa	o go	o-e home	oe toe	ou shoulder	ow snow
j	g giant				
f	ph phone				
s	c ice				

Week 6

Phase 3 GPC	Phase 5 GPC		
l	le apple	al metal	
v	ve give		
u	o-e some	o mother	ou young

Week 7

Phase 3 GPC	Phase 5 GPC					
z	se cheese					
s	c ice	se mouse	ce fence			
ee	ea each	e he	e-e these	ie shield	y funny	ey donkey
oo yoo	ue blue rescue	u unicorn	u-e rude cute	ew chew new	ui fruit	ou soup

Week 8

Phase 3 GPC	Phase 5 GPC		
ur er	ir bird	or word	
oo	u awful	oul could	
air	are share	ear bear	ere there

Week 9

Phase 3 GPC	Phase 5 GPC					
or	aw claw	au author	aur dinosaur	oor floor	al walk	a water
ch	tch match	ture adventure				

Week 10

Phase 3 GPC	Phase 5 GPC	
ar	al half	a father
o	a want	
ur	ear learn	
r	wr wrist	
z	se cheese	ze freeze

Week 11

Phase 3 GPC	Phase 5 GPC				
s	c ice	se mouse	ce fence	st whistle	sc science
c	ch school				
sh	ch chef				

Week 12

Phase 3 GPC	Phase 5 GPC						
ai	ay play	a paper	a-e shake	eigh eight	aigh straight	ey grey	ea break
n	kn knee	gn gnaw					
m	mb thumb						

Week 13

Phase 3 GPC	Phase 5 GPC						
ear	ere here	eer deer					
zh	su treasure	si vision					
j	g giant	dge bridge	ge large				
i	y crystal						

Week 14

Phase 3 GPC	Phase 5 GPC						
sh	ch chef	ti potion	ssi mission	si mansion	ci delicious		
or	aw claw	au author	aur dinosaur	al walk	oor floor	a water	augh daughter our your oar board ore more

Phase 5 graphemes with more than one sound

Grapheme	Phase 2 and 3 example word/image/catchphrase	Phase 5 example words/images		
a	astronaut	/ai/ paper	/or/ water	/o/ wasp
e	elephant	/ee/ me		
i	iguana	/igh/ tiger		
o	octopus	/oa/ post	/u/ son	
u	umbrella	/yoo/ unicorn		
ow	owl /ow/ wow owl	/oa/ snow		
ea	n/a	/ee/ peach	/e/ head	/ai/ break
ie	n/a	/igh/ pie	/ee/ shield	
o-e	n/a	/oa/ nose	/u/ love (heart)	
y	yo-yo	/ee/ happy (smiley face)	/igh/ fly	/i/ crystal
g	goat	/j/ gem		
c	cat	/s/ ice		
or	horn /or/ born with a horn	/ur/ word		
ear	hear /ear/ get near to hear	/air/ pear		
ch	cherry /ch/ chew the cherries, children	/c/ school	/sh/ chef	
se	n/a	/s/ mouse	/z/ cheese	